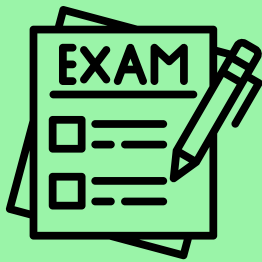


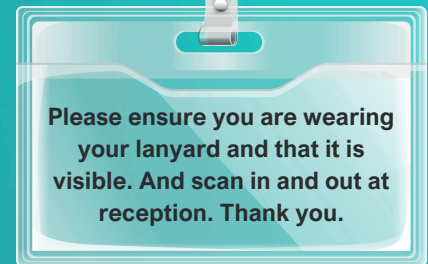
SPOTLIGHT ON...



EXAMS

There's not long left of the exam season, the end is near! Keep going strong, we're extremely proud of you and your hard work will pay off on Results Day!

Reminder



KEY NOTICES AND REMINDERS

WORK EXPERIENCE

Y12, if you haven't yet sorted a work experience placement for 25-29 June, you need to do so **ASAP**. Need assistance? Please see Paul Harper, Kate Smith or Rob Jones.



Y13 LEAVERS' CELEBRATION

Y13, if you wish to attend the Leavers' Celebration, please book your tickets soon. It's all set to be a fantastic night to celebrate your time with us at Cowley Sixth Form!



Y13 LEAVERS' ASSEMBLY

On Friday 19 June, 11:30am, we're holding a Y13 Leavers' Assembly. A chance to celebrate your time with us, share memories and to wish you well for your next steps.



BBC WEEKLY NEWS QUIZ



QUIZ



YOUR SIXTH FORM
Scan this QR CODE to share news or feedback with our Student Union



COWLEY
SIXTH FORM COLLEGE



Y13
LEAVERS'
Celebration

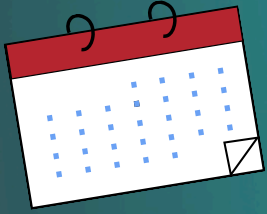
3 JULY 2026

PERCIVAL SUITE, RUSKIN DRIVE
7:00-11:30pm

Celebrate your time at
Cowley Sixth Form College
with fellow students and
staff!

TICKETS
£30





22

JUN

Y12 PROGRESSION WEEK

3

JUL

**Y13 LEAVERS' CELEBRATION
@ RUSKIN DRIVE**

21

JUL

**LAST DAY OF ACADEMIC
YEAR - Y12 END OF YEAR
CELEBRATION**

IMPORTANT DATES

*Happy
Birthday!*

Wishing all our students who are celebrating
their birthday over the next few weeks a very
Happy Birthday!



ASSESSMENT DATES

COWLEY
SIXTH FORM COLLEGE

Y13 EXAMS

MONDAY 8 TH JUNE	TUESDAY 9 TH JUNE	WEDNESDAY 10 TH JUNE	THURSDAY 11 TH JUNE	FRIDAY 12 TH JUNE
POLITICS (9AM) PHYSICS (9AM)	CHEMISTRY (9AM) LAW (9AM) POLISH (9AM) RELIGIOUS STUDIES (9AM) BUSINESS (1PM)	ENGLISH LITERATURE (9AM) MATHS - GCSE RESIT (9AM)	ARABIC (9AM) PORTUGUESE (9AM) MATHS PURE (1PM)	BIOLOGY (9AM) ENGLISH - FUNCTIONAL SKILLS (9AM) SOCIOLOGY (1PM) SPANISH (1PM)
MONDAY 15 TH JUNE	TUESDAY 16 TH JUNE		THURSDAY 18 TH JUNE	
CHEMISTRY (9AM) MATHS - FUNCTIONAL SKILLS (9AM) RELIGIOUS STUDIES (1PM)	BIOLOGY (9AM) P.E. (9AM) POLITICS (1PM)	MATHS PURE (1PM)		

COWLEY
SIXTH FORM COLLEGE

Y12 PROGRESS CHECK 3

TUESDAY 16 TH JUNE	WEDNESDAY 17 TH JUNE	THURSDAY 18 TH JUNE	FRIDAY 19 TH JUNE
BIOLOGY (9AM)	PHYSICS (9AM) PSYCHOLOGY (9AM) CHEMISTRY (12PM) ENGLISH LITERATURE (12PM) LAW (12PM) P.E. (12PM)	ENGLISH LANGUAGE (9AM) FURTHER MATHS (9AM) GEOGRAPHY (9AM) HISTORY (9AM) SOCIOLOGY (9AM) MATHS (12PM)	FRENCH (9AM) RELIGIOUS STUDIES (9AM) BUSINESS (12PM)

Developing Life Ready Learners



Y12 STUDENT ACCEPTED ONTO APPLY: CAMBRIDGE PROGRAMME

Congratulations to one of our Y12 students who has recently been accepted onto the highly competitive Apply: Cambridge programme, a widening participation initiative designed to support talented students considering an application to the University of Cambridge.

As part of the programme, he recently attended a residential visit at Trinity College, Cambridge, where he had the opportunity to experience university life first-hand. During the residential, he took part in academic sessions, explored the college environment and gained valuable insight into the admissions process, helping him to make informed decisions about his future studies.

He hopes to continue his passion for languages by studying French and German at university and is considering applications to either the University of Cambridge or the University of Oxford after completing his studies with us.

The Apply: Cambridge programme provides expert guidance, mentoring and support throughout the university application process, helping students to develop their confidence and maximise their potential.

We are incredibly proud of his achievement in securing a place on the programme and look forward to following his journey over the coming months. We wish him every success as he continues to explore his options and work towards his ambition of studying Modern Languages at one of the UK's most prestigious universities.

LATEST NEWS





Congratulations!

STUDENTS OF THE MONTH - MAY 2026

Congratulations to our Students of the Month for May 2026, Zak and Sherin, who have both been recognised for their hard work, determination and outstanding achievements.

Our Y12 Student of the Month is Zak, who was nominated by the English Department. Zak has shown remarkable resilience and commitment in English Literature. After initially finding the subject challenging and questioning whether it was the right choice for him, he has worked incredibly hard to develop his skills and confidence.

His dedication has paid off and he is now considering pursuing a joint honours degree that includes Literature at university. Zak's journey is a fantastic example of how perseverance and a positive attitude can lead to success.

Y13 Student of the Month is Sherin, who was nominated by the Photography department. As one of our EAL students, Sherin has worked exceptionally hard across all of her subjects and is currently predicted to achieve an outstanding grade in Photography. Despite being a quiet and modest student who has sometimes lacked confidence in her English, she has consistently demonstrated determination and a strong work ethic.

Sherin is also an excellent ambassador for the sixth form, with 100% attendance, no late marks and over 400 achievement points. She is now preparing for an exciting new chapter as she moves away from home to study Japanese at university.

Well done to both students on this well-deserved recognition.

STUDENT SUCCESSES



GERMAN - WEEK B, PERIOD 5, ACHIEVE CENTRE

CHESS AND UNO - EVERY LUNCHTIME IN THE CANTEEN

CLASSICAL CIVILISATION - WEEKLY, C23, 10:35 - 11:15

CHESS AND UNO - EVERY LUNCHTIME IN THE CANTEEN

MUSIC, Y13 BAND - PERIOD 6 IN A02

DANCE COMPANY - PERIOD 6 IN CIH

BUSINESS - PERIOD 6, B02

ANIMAL CARE - WEEKLY, AFTER COLLEGE IN B02

CHESS AND UNO - EVERY LUNCHTIME IN THE CANTEEN

ANIMAL CARE - WEEKLY AFTER COLLEGE IN B02

MDV UCAT - PERIOD 6, B01

DUNGEONS AND DRAGONS - WEEKLY, AFTER COLLEGE IN THE CANTEEN

LECTURE AND DEBATE CLUB - WEEKLY, AFTER COLLEGE IN THE ACHIEVE CENTRE

CHESS AND UNO - EVERY LUNCHTIME IN THE CANTEEN

GERMAN - WEEK A, PERIOD 5, ACHIEVE CENTRE

BOOK CLUB - WEEK B, LUNCHTIME IN THE ACHIEVE CENTRE

TEXTILES AND FASHION - WEEKLY, AFTER COLLEGE, CANTEEN

ENGINEERING AND F1 - WEEK A, B21, AFTER COLLEGE

CHESS AND UNO - EVERY LUNCHTIME IN THE CANTEEN

ANIMAL CARE - WEEKLY, B02, AFTER COLLEGE

MON

TUE

WED

THUR

FRI

ENRICHMENT TIMETABLE

How Can Students Revise Effectively?

by @inner_drive | www.innerdrive.co.uk

TEST YOURSELF

Research has shown that testing yourself helps you remember significantly more than just re-reading information.

Testing yourself can also help reduce the negative effects of stress associated with exams.



USE SPACING

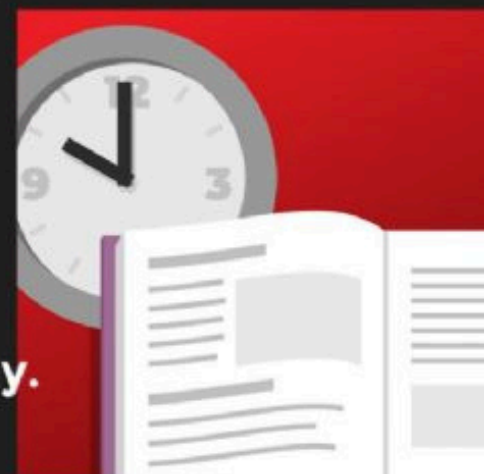
Spread out your learning of material across several days and revisit it.

This helps transfer information to your long-term memory.

STOP PROCRASTINATING

Schedule the revision of harder topics for the morning when you will be most awake.

This stops you using tiredness as an excuse for leaving the harder topics until the next day.



MANAGE YOUR TIME

Break your revision down and give yourself a certain amount of content to learn each day.

Day 1

Day 2

Day 3

CAREERS



Our Careers website includes labour market information and a link to Unifrog amongst many other things. Please take a look.

Want to find a bit more information about industry sectors, the skills required and salary expectations? Please take a look at the Labour Market Information section of the website and the linked presentation with lots of useful information: Top careers to consider.

You are able to request a 30-minute appointment with our independent Careers Advisors at any time during your time at Cowley. Please email cowleycareers@cowleysthelens.org.uk to arrange.

Useful information

UCAS.com - All the information about universities, how to apply and upcoming events can be found on the UCAS website.

OpenDays.com - Full listings of all UK university Open Days and events can be found via this link.

www.amazingapprenticeships.com - Explore some of the apprenticeship opportunities that are available.



UNIVERSITIES

An aerial view of the Aberystwyth University campus and town, showing the coastline, buildings, and green spaces.

1872 PRIFYSGOL
ABERYSTWYTH
UNIVERSITY

2026
Open Days

A QR code with the Aberystwyth University crest in the center, used for registration.

Register your interest today

A photograph of two young women smiling. The woman in the foreground is wearing sunglasses and holding a water bottle. The woman behind her is also smiling.

**BECOME
UNSTOPPABLE**

Book an Open Day today
salford.ac.uk/open-days

A QR code with the Salford University crest in the center, used for registration.

University of
Salford
MANCHESTER

UNIVERSITIES



Discover Leeds from anywhere



360° virtual experience – a chance to explore everything we have to offer at Leeds, from accommodation and campus to labs, performance spaces and specialised design studios.

explore.leeds.ac.uk

UNIVERSITY OF
DERBY

THE FUTURE IS YOU

BOOK YOUR
OPEN DAY

derby.ac.uk/opendays

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 UniTasterDays
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UniTasterDays



@UniTasterDays

UNIVERSITY OF SOUTHAMPTON AND THE SUTTON TRUST SUMMER SCHOOL

7-10 JULY 2026

Join us on campus for a **4-day, 3-night programme**, giving you the opportunity to experience the **academic and social side** of university life. You'll be provided with **free accommodation and meals** for the duration of the residential.

You'll get to meet our enthusiastic team of current students studying the courses you are aspiring to, as well as academics, researchers, and alumni. This residential is open to Year 12 or Level 3 (Year 1) students who meet our academic and **Widening Participation eligibility criteria** (see overleaf).

During the 4 day programme, you will:

- experience student life through clubs and societies, activities, tasters, and tours
- receive information and guidance around the topics of student finance and the cost of living as a student
- have the opportunity to socialise with others and meet like-minded individuals through a variety of social activities
- stay in student halls
- plan a meal on a budget
- tour the city of Southampton with a current student
- experience teaching and research within a subject area
- find out where our graduates ended up after they studied at UoS

YOUR CITY

Live in one of the most vibrant and exciting student-friendly cities on the south coast

- World-class arts venues host major artists and rising musicians, touring West End productions and open mic nights
- Annual celebrations: Southampton Pride, art and cultural festivals, marathon and Christmas markets
- An independent scene, from local makers to global flavours
- Safe, walkable city
- E-scooters and e-bikes available to rent across the city
- Our City Centre Campus is based in the cultural quarter



Degree Programmes/ Subject areas on offer for 2026

- Biological Sciences
- Business
- Economics
- Engineering
- Geography
- History and English
- Law
- Physics

ELIGIBILITY

To be eligible, applicants must;

- **attend, and have always attended, a state-funded, non-fee paying school or college.**
- **be studying in Year 12 in England or Wales, Year 13 in Northern Ireland, or S5 in Scotland.**
- **be taking relevant and required qualifications and subjects for their chosen taster degree subject.**

Applicants must also meet at least one of the following Widening Participation criteria:

- be the first generation of your family to attend university.
- have received free school meals while at secondary school.
- attend a school or college with below average attainment or a low rate of progression to the top third of higher education institutions.
- live in a neighbourhood with a low rate of progression to higher education and/or a high level of socio-economic deprivation.
- be or have been, looked after or in care.



Apply Now

[www.southampton.ac.uk/
schools-colleges/
experience-summer-event.page](http://www.southampton.ac.uk/schools-colleges/experience-summer-event.page)



Contact our Residential Coordinator:
c.e.bolton@soton.ac.uk

APPRENTICESHIPS



What is an apprenticeship?

An apprenticeship is a paid job where the employee learns and gains valuable experiences. Alongside on-the-job training, apprentices spend at least 20% of their working hours completing classroom-based learning with a college, university or training provider which leads to a nationally recognised qualification.

An apprenticeship includes:

- paid employment with holiday leave
- hands-on-experience in a sector/role of interest
- at least 20% off-the-job training
- formal assessment which leads to a nationally recognised qualification

Please click [here](#) for full listings of Higher and Degree Apprenticeships with more than 2000 listings from over 80 employers, including locations, salary information and direct application links.

For further information and to apply for apprenticeships, please visit the [**National Apprenticeships website**](#).

Don't forget to use [**Unifrog**](#) to explore Apprenticeship opportunities as well!



ARE YOU LOOKING FOR HIGHER OR DEGREE APPRENTICESHIPS?

Discover 950+ higher and degree apprenticeship vacancies all in one place.

Use the listing to easily explore:

- 🔍 Vacancies all across England
- 🔍 Salaries and locations
- 🔍 Direct application links
- 🔍 Opportunities with top employers
- 🔍 Application open, close and start dates
- 🔍 Wide range of sectors and roles



SCAN ME



Even if you're not ready to apply this year, get ahead by exploring the employers now!