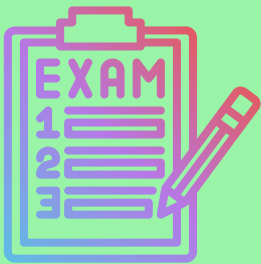


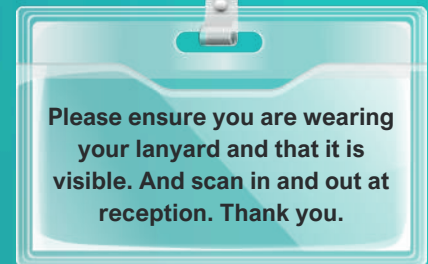
SPOTLIGHT ON...



EXAM SEASON

We've made it to the final term of the academic year, and especially for Y13, it is a vital time with final exams taking place. You've got this!

Reminder



KEY NOTICES AND REMINDERS

WORK EXPERIENCE

Y12, it's really important that you are organising your work placement for 25-29 June. Need assistance? Pop into AC, P5 to see Paul Harper.



ENRICHMENT AND EXCEL HOURS

Our enrichment programme and Excel Hours timetable are available for this term and you can find a full copy of the timetables in this issue.



SCAN IN AND OUT OF THE BUILDING

The scanning in/out system is being used, please don't forget your lanyard so we can scan you in and out when you enter and leave the building. Thank you.



BBC WEEKLY NEWS QUIZ

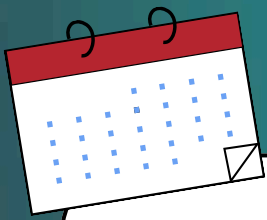


QUIZ



YOUR SIXTH FORM
Scan this QR CODE to share news or feedback with our Student Union





11
MAY

**A-LEVEL/BTEC EXAMS
START**

22
JUN

Y12 PROGRESSION WEEK

3
JUL

Y13 LEAVERS' CELEBRATION

21
JUL

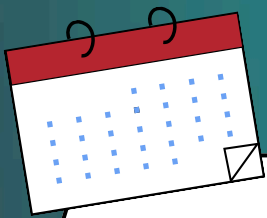
**LAST DAY OF ACADEMIC
YEAR**

IMPORTANT DATES

*Happy
Birthday!*

Wishing all our students who are celebrating
their birthday over the next few weeks a very
Happy Birthday!





11
MAY

AS BIOLOGY
A-LEVEL ENGLISH LANGUAGE

12
MAY

AS CHEMISTRY
A-LEVEL GEOGRAPHY
BTEC ENGINEERING

13
MAY

BTEC ENGINEERING
A-LEVEL ENGLISH LITERATURE
BTEC COMPUTING
A-LEVEL BUSINESS

14
MAY

BTEC ENGINEERING
A-LEVEL MATHEMATICS
BTEC TRAVEL & TOURISM
APPLIED DIPLOMA CRIMINOLOGY
A-LEVEL PURE MATHEMATICS

15
MAY

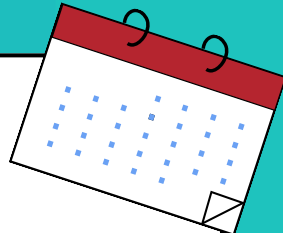
BTEC ENGINEERING
A-LEVEL PSYCHOLOGY
BTEC HEALTH & SOCIAL CARE

EXAM DATES



18
MAY

A-LEVEL SOCIOLOGY



19
MAY

**A-LEVEL BUSINESS
AS CHEMISTRY
MANDARIN
BTEC COMPUTING
BTEC APPLIED SCIENCE
A-LEVEL ARABIC
A-LEVEL HISTORY**

20
MAY

**A-LEVEL PSYCHOLOGY
BTEC UNIFORMED PROTECTIVE
SERVICES
A-LEVEL PHYSICS**

21
MAY

**AS BIOLOGY
A-LEVEL POLISH
A-LEVEL POLITICS
BTEC CHILD DEVELOPMENT
BTEC ENGINEERING
A-LEVEL PE
A-LEVEL LAW
A-LEVEL GEOGRAPHY**

22
MAY

**A-LEVEL MATHEMATICS
A-LEVEL PORTUGUESE
A-LEVEL ENGLISH LANGUAGE
A-LEVEL PE
BTEC HEALTH & SOCIAL CARE
BTEC COMPUTING
A-LEVEL PURE MATHEMATICS**

EXAM DATES



COWLEY
SIXTH FORM COLLEGE



Y13
LEAVERS'
Celebration

3 JULY 2026

PERCIVAL SUITE, RUSKIN DRIVE
7:00-11:30pm

Celebrate your time at
Cowley Sixth Form College
with fellow students and
staff!

TICKETS
£30





MISS SAIGON TRIP

Cowley Sixth Form College's Year 12 Professional Musical Theatre students recently enjoyed an unforgettable enrichment trip to the Liverpool Empire Theatre, where they watched the internationally acclaimed production of Miss Saigon.

The visit provided students with a valuable opportunity to experience live, professional theatre in one of the region's most iconic venues. From the very first scene, they were captivated by the powerful storytelling, emotional depth and outstanding vocal performances. The production's impressive staging and technical elements, including its set design and lighting, offered a real insight into the high standards expected within the industry.

For many students, the trip was more than just an enjoyable evening. It was an important learning experience. Seeing a production of this scale helped to reinforce key elements of their studies, from character development and performance technique, to the use of music and movement to convey narrative. It also allowed them to observe how professional performers bring complex roles to life on stage.

Trips like this play a vital role in enriching the curriculum, giving students the chance to connect classroom learning with real-world practice. It was a truly inspiring experience, and one that will undoubtedly influence their own performances moving forward.

LATEST NEWS





MERTON BANK PRIMARY PERFORMANCE

We were delighted to see two of our talented Year 12 Performing Arts students represent the college at the Merton Bank Primary School Excellence Awards. Invited to perform as part of the celebrations, they delivered a confident and engaging performance that was warmly received by pupils and staff in attendance.

The Excellence Awards are a highlight in Merton Bank's school calendar, recognising the achievements and progress of their pupils across the year. Our students were proud to contribute to such a special occasion, helping to create a memorable and inspiring atmosphere for everyone involved.

Opportunities like this are invaluable for our Performing Arts students, allowing them to showcase their skills in a live setting while building confidence and professional experience. Performing for a younger audience also provides a unique challenge, encouraging students to connect, engage and inspire through their work.

We are incredibly proud of how they conducted themselves throughout the event. They were excellent ambassadors for the college, demonstrating both talent and professionalism.

We would like to thank Merton Bank Primary School for the invitation and look forward to continuing our strong links with our local primary schools in the future.



ARMY ACCEPTANCE

We are incredibly proud to celebrate the success of Warren, one of our Year 13 students, who has recently passed selection at an Army Assessment Centre and is now set to begin his career in the Army after completing his studies at Cowley Sixth Form.

This achievement marks the culmination of years of focus, determination and ambition. From the outset, Warren has been clear about his goal of joining the Army, and has consistently demonstrated the commitment and resilience needed to succeed in such a demanding selection process.

As part of the assessment, candidates are required to complete a series of physical and practical challenges designed to test their fitness, teamwork and mental strength. Impressively, he not only met these standards but exceeded them, setting a new candidate record in the 2km run with an outstanding time of 7 minutes and 13 seconds.

His success is a fantastic example of what can be achieved through hard work and perseverance. We are delighted to have supported him throughout his journey and look forward to seeing him thrive in his future career.

We wish Warren every success as he takes this exciting next step.

LATEST NEWS





Congratulations!

STUDENTS OF THE MONTH - APRIL 2026

This week, we're proud to celebrate two students who have shown exceptional resilience, determination and commitment to their studies.

Our Year 12 Student of the Month is Aaron, who received nominations from both Sport and Science departments.

In BTEC Sport, Aaron has impressed with his consistent hard work and conscientious attitude, always approaching tasks with focus and determination.

In BTEC Science, he has been recognised as one of the most resilient learners, demonstrating real perseverance even when faced with challenges.

Our Year 13 Student of the Month is Keira, nominated by the Religious Studies department.

Over recent months, Keira has shown outstanding dedication to improving her understanding of Ethics and Philosophy. She has gone above and beyond by attending Year 12 lessons and working independently to strengthen her knowledge. Her determination and work ethic are truly admirable.

Both students are fantastic examples of resilience in action. Very well done to you both!

STUDENT SUCCESSES



GERMAN - WEEK B, PERIOD 5, ACHIEVE CENTRE

CHESS AND UNO - EVERY LUNCHTIME IN THE CANTEEN

CLASSICAL CIVILISATION - WEEKLY, C23, 10:35 - 11:15

MON

CHESS AND UNO - EVERY LUNCHTIME IN THE CANTEEN

MUSIC, Y13 BAND - PERIOD 6 IN A02

DANCE COMPANY - PERIOD 6 IN CIH

BUSINESS - PERIOD 6, B02

TUE

ANIMAL CARE - WEEKLY, AFTER COLLEGE IN B02

CHESS AND UNO - EVERY LUNCHTIME IN THE CANTEEN

ANIMAL CARE - WEEKLY AFTER COLLEGE IN B02

MDV UCAT - PERIOD 6, B01

WED

DUNGEONS AND DRAGONS - WEEKLY, AFTER COLLEGE IN THE CANTEEN

LECTURE AND DEBATE CLUB - WEEKLY, AFTER COLLEGE IN THE ACHIEVE CENTRE

THUR

CHESS AND UNO - EVERY LUNCHTIME IN THE CANTEEN

GERMAN - WEEK A, PERIOD 5, ACHIEVE CENTRE

BOOK CLUB - WEEK B, LUNCHTIME IN THE ACHIEVE CENTRE

TEXTILES AND FASHION - WEEKLY, AFTER COLLEGE, CANTEEN

FRI

ENGINEERING AND F1 - WEEK A, B21, AFTER COLLEGE

CHESS AND UNO - EVERY LUNCHTIME IN THE CANTEEN

ANIMAL CARE - WEEKLY, B02, AFTER COLLEGE

ENRICHMENT TIMETABLE

COWLEY

SIXTH FORM COLLEGE

TUE

A LEVEL PSYCHOLOGY

WEEK A, 10:45AM, A12, MISS LEIGH

BTEC MUSIC PERFORMANCE

WEEK A, 2:45PM, A02, MR GERRARD

A LEVEL PHYSICS

WEEK B, 7:30AM, C22, MR HESKETH

BTEC APPLIED SCIENCE

WEEK A, 1:15PM, B20, MISS BERGIN

A LEVEL MATHS

WEEK B, 2:55PM, C11, MR UNSWORTH

A LEVEL BUSINESS

2:45PM, B03, MISS MATHER

WED

GCSE MATHS RESIT

WEEK B, 2:55PM, C11, MR UNSWORTH

A LEVEL MATHS

WEEK A, 2:55PM, C12, MR HOUGHTON

A LEVEL PHYSICS

7:30AM, C22, MR HESKETH

A LEVEL / AS CHEMISTRY

WEEK A, 2:45PM, B01, MR JONES

A LEVEL / AS CHEMISTRY

WEEK B, 2:45PM, B01, MR JONES

MEDICS, DENTISTS, VETS UCAT

2:45PM - 3:30PM, B01

BTEC DIGITAL MEDIA

WEEK A, 2:55PM, B22, MR LILLEY

BTEC DIGITAL MEDIA

WEEK B, 1:45PM, B22, MR LILLEY

A LEVEL LAW

2:45PM, C23, MR MCKEOWN

BTEC APPLIED SCIENCE

WEEK B, 1:15PM, B20, MISS BERGIN

EXCEL HOURS



THU

CRIMINOLOGY

10:45AM, B14, MISS SMART

A-LEVEL PSYCHOLOGY

10:45AM, C23, MR MCKEOWN

A-LEVEL LAW

WEEK A, 2:45PM, C23, MR MCKEOWN

CRIMINOLOGY

2:45PM, B14, MISS SMART

A LEVEL BIOLOGY

2:45PM, B20, MR BROOKS

BTEC PROFESSIONAL MUSICAL THEATRE

2:45PM, COWLEY HALL, MR WATKINS/MISS RADFORD



FRI

CRIMINOLOGY

10:45AM, C23, MR MCKEOWN

A-LEVEL LAW

WEEK B, 2:45PM, C23, MR MCKEOWN

A LEVEL PSYCHOLOGY

WEEK B, 10:45AM, A12, MISS LEIGH



**YOUTH
VOICE
CENSUS**

WHAT'S YOUR STORY?



I'm worried that I'll be stuck without a job

I'd like better access to mental health services

I wish I had the opportunity to do work experience

I've thought about leaving my job due to stress

COMPLETE THE CENSUS



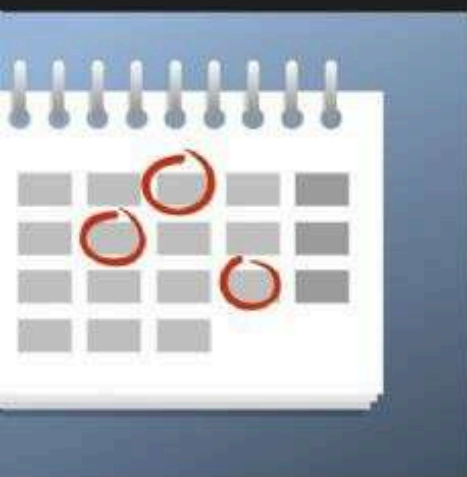
How Can Students Revise Effectively?

by @inner_drive | www.innerdrive.co.uk

TEST YOURSELF

Research has shown that testing yourself helps you remember significantly more than just re-reading information.

Testing yourself can also help reduce the negative effects of stress associated with exams.



USE SPACING

Spread out your learning of material across several days and revisit it.

This helps transfer information to your long-term memory.

STOP PROCRASTINATING

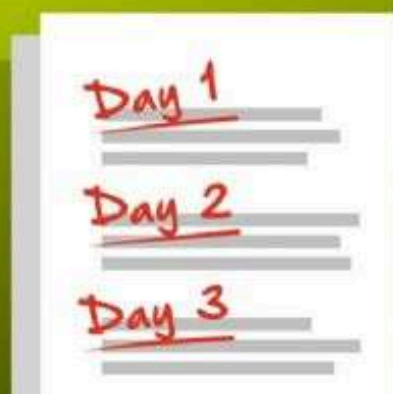
Schedule the revision of harder topics for the morning when you will be most awake.

This stops you using tiredness as an excuse for leaving the harder topics until the next day.



MANAGE YOUR TIME

Break your revision down and give yourself a certain amount of content to learn each day.



CAREERS



Our Careers website includes labour market information and a link to Unifrog amongst many other things. Please take a look.

Want to find a bit more information about industry sectors, the skills required and salary expectations? Please take a look at the Labour Market Information section of the website and the linked presentation with lots of useful information: Top careers to consider.

You are able to request a 30-minute appointment with our independent Careers Advisors at any time during your time at Cowley. Please email cowleycareers@cowleysthelens.org.uk to arrange.

Useful information

UCAS.com - All the information about universities, how to apply and upcoming events can be found on the UCAS website.

OpenDays.com - Full listings of all UK university Open Days and events can be found via this link.

www.amazingapprenticeships.com - Explore some of the apprenticeship opportunities that are available.



SIEMENS

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Innovate Inspire Transform

SIEMENS TECHNOLOGY: VIRTUAL WORK EXPERIENCE

Overview

Join the Siemens Technology Virtual Work Experience! Explore the exciting world of technology with Siemens engineers. Learn about digital tools, climate action, smart cities, and teamwork. Meet experts, discover different jobs, and see how apprenticeships, internships, and graduate programs can start your career. Be part of shaping the future of engineering and technology!

Open to
anyone
13+

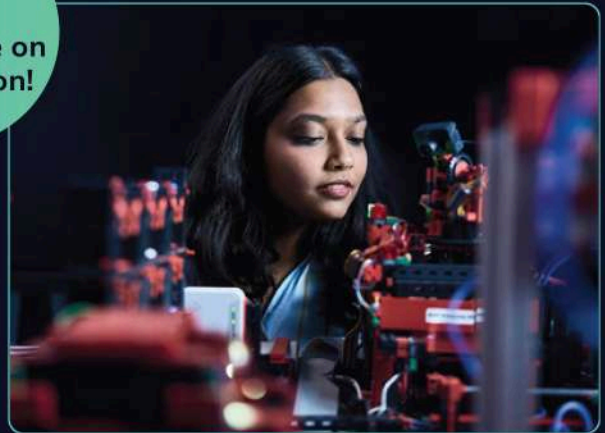


Certificate on
completion!

In this programme

In this programme, you will:

- Meet Siemens experts and explore topics like **digital tech, climate action, smart cities, and teamwork**
- **Discover different jobs** and learn how to start your career with apprenticeships or internships
- Ask Siemens ambassadors questions **anytime** to learn more
- Complete **5 fun modules** (approx. 15 hours) at your own pace
- Take part in **daily activities, challenges, and rewards**
- Finish with the **Siemens Digital Twin Challenge and Flight Lab**



The programme was fantastic and gave a real insight to life at Siemens and within this industry. It has definitely inspired me to look into more opportunities in this field and I hope to interact with Siemens in the future.

Katharina, Year 12 student

UNIVERSITIES



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ABERYSTWYTH
UNIVERSITY

2026
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UNSTOPPABLE**

Book an Open Day today
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University of
Salford
MANCHESTER

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explore.leeds.ac.uk


UNIVERSITY OF
DERBY

THE FUTURE IS YOU

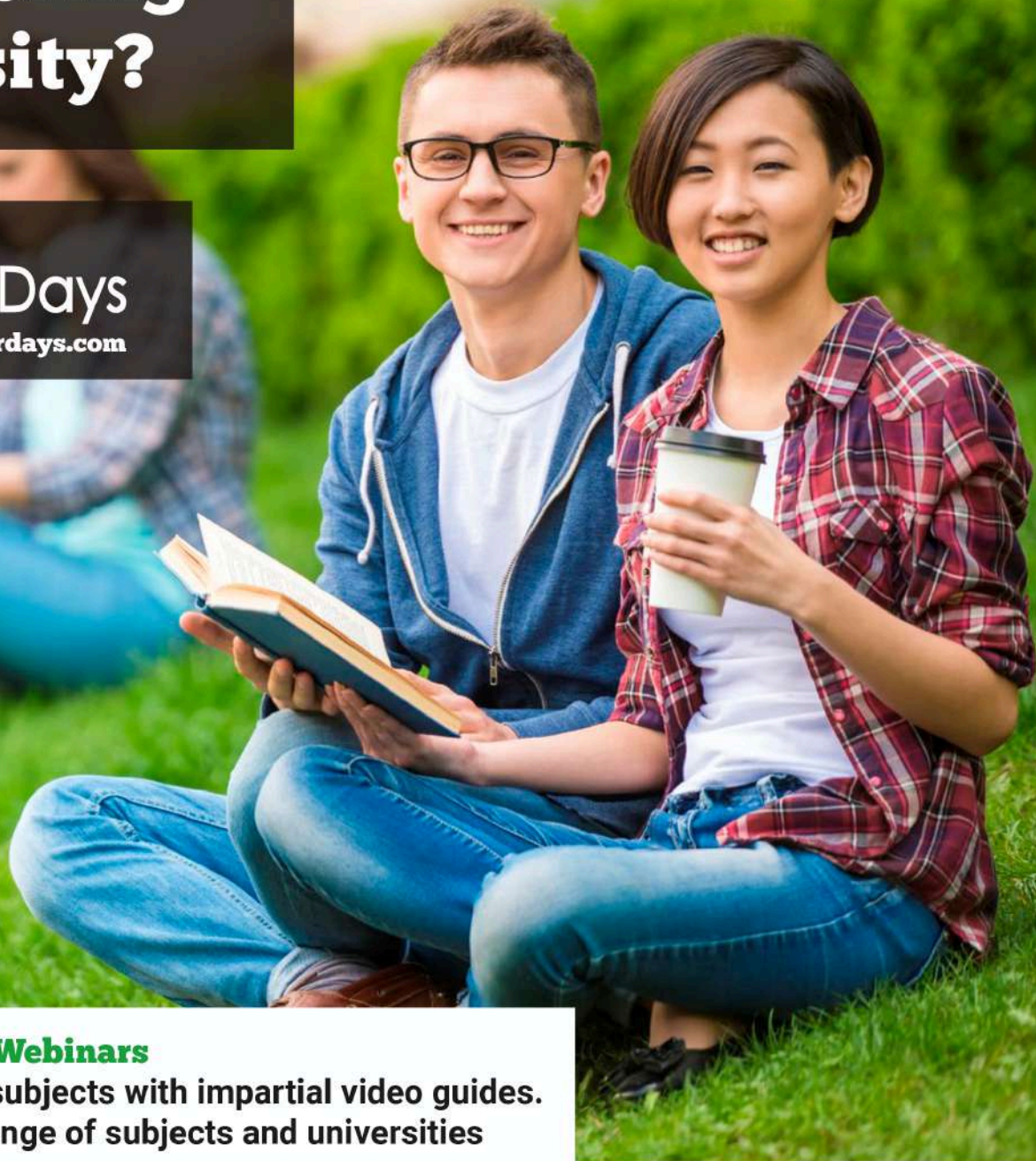
BOOK YOUR
OPEN DAY

derby.ac.uk/opendays



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worldwide



unifrog



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GLOBAL UNIVERSITY FAIR

Wednesday 3 June, 3pm - 5:30pm

The fair to help you choose where to study, including universities from the Americas, UK, Asia, and Europe

UNIVERSITY OF SOUTHAMPTON AND THE SUTTON TRUST SUMMER SCHOOL

7-10 JULY 2026



Join us on campus for a **4-day, 3-night programme**, giving you the opportunity to experience the **academic and social side** of university life. You'll be provided with **free accommodation and meals** for the duration of the residential.

You'll get to meet our enthusiastic team of current students studying the courses you are aspiring to, as well as academics, researchers, and alumni. This residential is open to Year 12 or Level 3 (Year 1) students who meet our academic and **Widening Participation eligibility criteria** (see overleaf).

During the 4 day programme, you will:

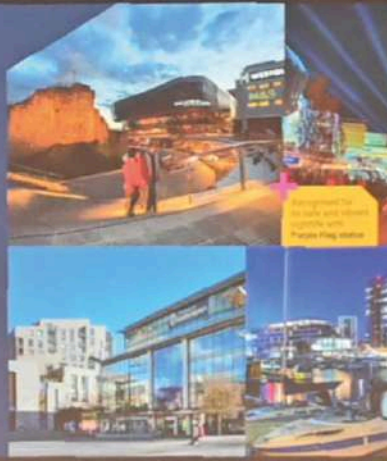
- experience student life through clubs and societies, activities, tasters, and tours
- receive information and guidance around the topics of student finance and the cost of living as a student
- have the opportunity to socialise with others and meet like-minded individuals through a variety of social activities
- stay in student halls
- plan a meal on a budget
- tour the city of Southampton with a current student
- experience teaching and research within a subject area
- find out where our graduates ended up after they studied at UoS



YOUR CITY

Live in one of the most vibrant and exciting student-friendly cities on the south coast

- World-class arts venues host major artists and rising musicians, touring West End productions and open mic nights
- Annual celebrations: Southampton Pride, art and cultural festivals, marathon and Christmas markets
- And independent scene, from local makers to global flavours
- Safe, walkable city
- E-scooters and e-bikes available to rent across the city
- Our City Centre Campus is based in the cultural quarter



Degree Programmes/ Subject areas on offer for 2026

- Biological Sciences
- Business
- Economics
- Engineering
- Geography
- History and English
- Law
- Physics

ELIGIBILITY

To be eligible, applicants must;

- **attend, and have always attended, a state-funded, non-fee paying school or college.**
- **be studying in Year 12 in England or Wales, Year 13 in Northern Ireland, or S5 in Scotland.**
- **be taking relevant and required qualifications and subjects for their chosen taster degree subject.**

Applicants must also meet at least one of the following Widening Participation criteria:

- be the first generation of your family to attend university.
- have received free school meals while at secondary school.
- attend a school or college with below average attainment or a low rate of progression to the top third of higher education institutions.
- live in a neighbourhood with a low rate of progression to higher education and/or a high level of socio-economic deprivation.
- be or have been, looked after or in care.



Apply Now

[www.southampton.ac.uk/
schools-colleges/
experience-summer-event.page](http://www.southampton.ac.uk/schools-colleges/experience-summer-event.page)



Contact our Residential Coordinator:

c.e.bolton@soton.ac.uk

APPRENTICESHIPS



What is an apprenticeship?

An apprenticeship is a paid job where the employee learns and gains valuable experiences. Alongside on-the-job training, apprentices spend at least 20% of their working hours completing classroom-based learning with a college, university or training provider which leads to a nationally recognised qualification.

An apprenticeship includes:

- paid employment with holiday leave
- hands-on-experience in a sector/role of interest
- at least 20% off-the-job training
- formal assessment which leads to a nationally recognised qualification

Please click [here](#) for full listings of Higher and Degree Apprenticeships with more than 2000 listings from over 80 employers, including locations, salary information and direct application links.

For further information and to apply for apprenticeships, please visit the [**National Apprenticeships website**](#).

Don't forget to use [**Unifrog**](#) to explore Apprenticeship opportunities as well!



ARE YOU LOOKING FOR HIGHER OR DEGREE APPRENTICESHIPS?

Discover 950+ higher and degree apprenticeship vacancies all in one place.

Use the listing to easily explore:

- 🔍 Vacancies all across England
- 🔍 Salaries and locations
- 🔍 Direct application links
- 🔍 Opportunities with top employers
- 🔍 Application open, close and start dates
- 🔍 Wide range of sectors and roles



SCAN ME



Even if you're not ready to apply this year, get ahead by exploring the employers now!