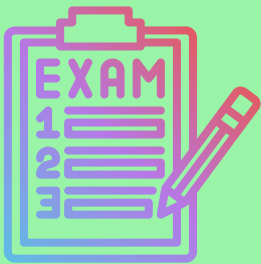


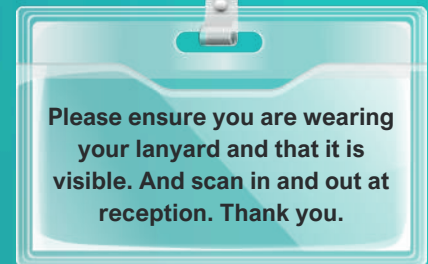
## SPOTLIGHT ON...



### EXAM SEASON

We've made it to the final term of the academic year, and especially for Y13, it is a vital time with final exams taking place. You've got this!

Reminder



## KEY NOTICES AND REMINDERS

### WORK EXPERIENCE

Y12, it's really important that you are organising your work placement for 25-29 June. Need assistance? Pop into AC, Wednesdays P5 to see Rob Jones & Paul Harper.



### ENRICHMENT AND EXCEL HOURS

Our enrichment programme and Excel Hours timetable are available for this term and you can find a full copy of the timetables in this issue.



### SCAN IN AND OUT OF THE BUILDING

The scanning in/out system is being used, please don't forget your lanyard so we can scan you in and out when you enter and leave the building. Thank you.



### BBC WEEKLY NEWS QUIZ



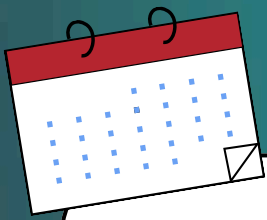
# QUIZ



### YOUR SIXTH FORM

Scan this QR CODE to share news or feedback with our Student Union





**24**  
APR

**Y13 MUSIC PERFORMANCE  
SOUND OF TOMORROW**

**4**  
MAY

**BANK HOLIDAY**

**11**  
MAY

**A-LEVEL/BTEC EXAMS  
START**

**3**  
JUL

**Y13 LEAVERS' CELEBRATION**

**IMPORTANT DATES**

*Happy  
Birthday!*

Wishing all our students who are celebrating  
their birthday over the next few weeks a very  
Happy Birthday!



**COWLEY**  
SIXTH FORM COLLEGE



**Y13**  
**LEAVERS'**  
*Celebration*

**3 JULY 2026**

**PERCIVAL SUITE, RUSKIN DRIVE**  
7:00-11:30pm

Celebrate your time at  
Cowley Sixth Form College  
with fellow students and  
staff!

**TICKETS**  
£30





## COMIC RELIEF FUNDRAISER

Cowley Sixth Form College was full of colour, laughter and community spirit recently as students and staff came together to support Comic Relief. Organised by the College's Student Union, the fundraiser took place during an extended break in The Hub and gave everyone plenty of chances to get involved while supporting an important cause.

Red noses were on sale and alongside this, a busy cake sale tempted visitors with a wide range of homemade treats, from classic bakes to creative sweet surprises. There were also competitions and other fundraising activities running across the break, helping to create a fun, energetic atmosphere and encouraging as many people as possible to take part.

The event not only raised money but also brought the College community together, highlighting the positive impact students can have when they work as a team. Thanks to the effort, organisation and enthusiasm of the Student Union and the generosity of everyone who donated. A total of £75 was raised for Comic Relief.

The fundraiser was a great example of how small actions can make a big difference. Well done to the Student Union for organising such a successful event, and thank you to all students and staff who supported the day.

Cowley Sixth Form College should be proud to have played its part in helping Comic Relief continue its vital work supporting people in need across the UK and around the world.

LATEST NEWS





## **FRANCE WORK EXPERIENCE**

Three of our Y12 MFL students recently enjoyed an unforgettable week of work experience in France, combining language learning with real-world skills and cultural immersion.

During their stay, the students lived with host families, giving them a genuine insight into everyday French life. From sharing meals and conversations to adapting to new routines, the experience helped build confidence and independence while putting their French language skills into practice outside the classroom.

Alongside this, the students completed a week of work experience in a local café. Working in a fast-paced environment challenged them to think on their feet, listen carefully and communicate clearly, even when dealing with unfamiliar accents or specialist vocabulary.

The experience proved to be both rewarding and eye-opening. The students returned with increased confidence in speaking French, a stronger understanding of French culture and valuable transferable skills such as teamwork, problem-solving and customer service. They also gained a clearer idea of how languages can be used in the workplace and the advantages of being multilingual in an increasingly global job market.

This opportunity highlights the value of language learning beyond the classroom and reflects Cowley Sixth Form College's commitment to providing enriching, real-world experiences that support students' academic studies and future career ambitions.

**LATEST NEWS**





## **EDGE HILL TASTER DAY**

A group of Y12 students recently enjoyed an inspiring Healthcare Taster Day at Edge Hill University, giving them a valuable insight into life at university and careers within the healthcare sector.

The day began with a guided campus tour, allowing students to explore Edge Hill's impressive facilities and get a real feel for the university environment.

This was followed by a series of engaging, hands-on sessions designed to showcase the wide range of healthcare pathways available. Students took part in interactive workshops covering nursing, social care, midwifery, operating department practice (ODP) and paramedics, gaining first-hand experience of what these roles involve and what to expect from these courses.

Throughout the sessions, students had the opportunity to ask questions, try practical activities and learn about the skills and qualities needed to succeed in healthcare careers.

The day concluded with an informative student talk, where a current Edge Hill student shared their experiences of university life, study routines and the support available to help students succeed.

The visit was an excellent opportunity for our Y12s to explore future options, build confidence and start thinking about their next steps after college.

**LATEST NEWS**



**GERMAN** - WEEK B, PERIOD 5, ACHIEVE CENTRE

**CHESS AND UNO** - EVERY LUNCHTIME IN THE CANTEEN

**CLASSICAL CIVILISATION** - WEEKLY, C23, 10:35 - 11:15

**MON**

**CHESS AND UNO** - EVERY LUNCHTIME IN THE CANTEEN

**MUSIC, Y13 BAND** - PERIOD 6 IN A02

**DANCE COMPANY** - PERIOD 6 IN CIH

**BUSINESS** - PERIOD 6, B02

**TUE**

**ANIMAL CARE** - WEEKLY, AFTER COLLEGE IN B02

**CHESS AND UNO** - EVERY LUNCHTIME IN THE CANTEEN

**ANIMAL CARE** - WEEKLY AFTER COLLEGE IN B02

**MDV UCAT** - PERIOD 6, B01

**WED**

**DUNGEONS AND DRAGONS** - WEEKLY, AFTER COLLEGE IN THE CANTEEN

**LECTURE AND DEBATE CLUB** - WEEKLY, AFTER COLLEGE IN THE ACHIEVE CENTRE

**THUR**

**CHESS AND UNO** - EVERY LUNCHTIME IN THE CANTEEN

**GERMAN** - WEEK A, PERIOD 5, ACHIEVE CENTRE

**BOOK CLUB** - WEEK B, LUNCHTIME IN THE ACHIEVE CENTRE

**TEXTILES AND FASHION** - WEEKLY, AFTER COLLEGE, CANTEEN

**FRI**

**ENGINEERING AND F1** - WEEK A, B21, AFTER COLLEGE

**CHESS AND UNO** - EVERY LUNCHTIME IN THE CANTEEN

**ANIMAL CARE** - WEEKLY, B02, AFTER COLLEGE

**ENRICHMENT TIMETABLE**

# COWLEY

SIXTH FORM COLLEGE

## TUE

### **A LEVEL PSYCHOLOGY**

WEEK A, 10:45AM, A12, MISS LEIGH

### **BTEC MUSIC PERFORMANCE**

WEEK A, 2:45PM, A02, MR GERRARD

### **A LEVEL PHYSICS**

WEEK B, 7:30AM, C22, MR HESKETH

### **BTEC APPLIED SCIENCE**

WEEK A, 1:15PM, B20, MISS BERGIN

### **A LEVEL MATHS**

WEEK B, 2:55PM, C11, MR UNSWORTH

### **A LEVEL BUSINESS**

2:45PM, B03, MISS MATHER

## WED

### **GCSE MATHS RESIT**

WEEK B, 2:55PM, C11, MR UNSWORTH

### **A LEVEL MATHS**

WEEK A, 2:55PM, C12, MR HOUGHTON

### **A LEVEL PHYSICS**

7:30AM, C22, MR HESKETH

### **A LEVEL / AS CHEMISTRY**

WEEK A, 2:45PM, B01, MR JONES

### **A LEVEL / AS CHEMISTRY**

WEEK B, 2:45PM, B01, MR JONES

### **MEDICS, DENTISTS, VETS UCAT**

2:45PM - 3:30PM, B01

### **BTEC DIGITAL MEDIA**

WEEK A, 2:55PM, B22, MR LILLEY

### **BTEC DIGITAL MEDIA**

WEEK B, 1:45PM, B22, MR LILLEY

### **A LEVEL LAW**

2:45PM, C23, MR MCKEOWN

### **BTEC APPLIED SCIENCE**

WEEK B, 1:15PM, B20, MISS BERGIN

EXCEL HOURS



## THU

### **CRIMINOLOGY**

10:45AM, B14, MISS SMART

### **A-LEVEL PSYCHOLOGY**

10:45AM, C23, MR MCKEOWN

### **A-LEVEL LAW**

WEEK A, 2:45PM, C23, MR MCKEOWN

### **CRIMINOLOGY**

2:45PM, B14, MISS SMART

### **A LEVEL BIOLOGY**

2:45PM, B20, MR BROOKS

### **BTEC PROFESSIONAL MUSICAL THEATRE**

2:45PM, COWLEY HALL, MR WATKINS/MISS RADFORD

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## FRI

### **CRIMINOLOGY**

10:45AM, C23, MR MCKEOWN

### **A-LEVEL LAW**

WEEK B, 2:45PM, C23, MR MCKEOWN

### **A LEVEL PSYCHOLOGY**

WEEK B, 10:45AM, A12, MISS LEIGH





# LIGHTWAVES

*sound of tomorrow*

»»» 24th April

LIVE  
MUSIC

7-  
11PM

THE GERARD  
ARMS, ST HELENS  
TICKETS  
ON SALE



*Presented by lightwaves*

**YOUTH  
VOICE  
CENSUS**

# WHAT'S YOUR STORY?



I'm worried that I'll be stuck without a job

I'd like better access to mental health services

I wish I had the opportunity to do work experience

I've thought about leaving my job due to stress

**COMPLETE THE CENSUS**



# How Can Students Revise Effectively?

by @inner\_drive | [www.innerdrive.co.uk](http://www.innerdrive.co.uk)

## TEST YOURSELF

Research has shown that testing yourself helps you remember significantly more than just re-reading information.

Testing yourself can also help reduce the negative effects of stress associated with exams.



## USE SPACING

Spread out your learning of material across several days and revisit it.

This helps transfer information to your long-term memory.

## STOP PROCRASTINATING

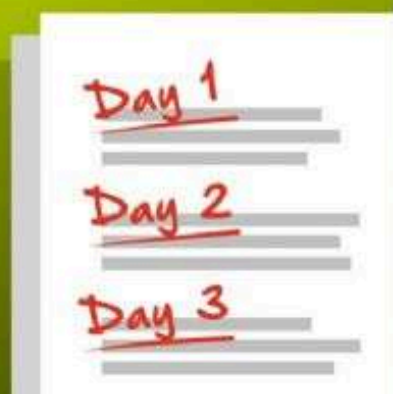
Schedule the revision of harder topics for the morning when you will be most awake.

This stops you using tiredness as an excuse for leaving the harder topics until the next day.



## MANAGE YOUR TIME

Break your revision down and give yourself a certain amount of content to learn each day.



# CAREERS



Our Careers website includes labour market information and a link to Unifrog amongst many other things. Please take a look.

Want to find a bit more information about industry sectors, the skills required and salary expectations? Please take a look at the Labour Market Information section of the website and the linked presentation with lots of useful information: Top careers to consider.

You are able to request a 30-minute appointment with our independent Careers Advisors at any time during your time at Cowley. Please email cowleycareers@cowleysthelens.org.uk to arrange.

## **Useful information**

UCAS.com - All the information about universities, how to apply and upcoming events can be found on the UCAS website.

OpenDays.com - Full listings of all UK university Open Days and events can be found via this link.

www.amazingapprenticeships.com - Explore some of the apprenticeship opportunities that are available.



# SIEMENS

Proudly brought to you by



APPLY NOW

# Innovate Inspire Transform

## SIEMENS TECHNOLOGY: VIRTUAL WORK EXPERIENCE

### Overview

Join the Siemens Technology Virtual Work Experience! Explore the exciting world of technology with Siemens engineers. Learn about digital tools, climate action, smart cities, and teamwork. Meet experts, discover different jobs, and see how apprenticeships, internships, and graduate programs can start your career. Be part of shaping the future of engineering and technology!

Open to  
anyone  
**13+**

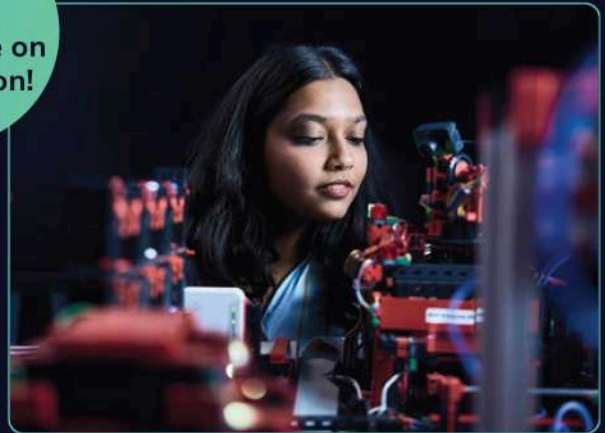


Certificate on  
completion!

### In this programme

In this programme, you will:

- Meet Siemens experts and explore topics like **digital tech, climate action, smart cities, and teamwork**
- **Discover different jobs** and learn how to start your career with apprenticeships or internships
- Ask Siemens ambassadors questions **anytime** to learn more
- Complete **5 fun modules** (approx. 15 hours) at your own pace
- Take part in **daily activities, challenges, and rewards**
- Finish with the **Siemens Digital Twin Challenge and Flight Lab**



The programme was fantastic and gave a real insight to life at Siemens and within this industry. It has definitely inspired me to look into more opportunities in this field and I hope to interact with Siemens in the future.

Katharina, Year 12 student

# UNIVERSITIES



1872 PRIFYSGOL  
**ABERYSTWYTH**  
UNIVERSITY

## 2026 Open Days

Register your  
interest today

**BECOME  
UNSTOPPABLE**

Book an Open Day today  
[salford.ac.uk/open-days](https://salford.ac.uk/open-days)

University of  
**Salford**  
MANCHESTER

# UNIVERSITIES



## Discover Leeds from anywhere



360° virtual experience – a chance to explore everything we have to offer at Leeds, from accommodation and campus to labs, performance spaces and specialised design studios.

[explore.leeds.ac.uk](https://explore.leeds.ac.uk)

  
UNIVERSITY OF  
DERBY

# THE FUTURE IS YOU

BOOK YOUR  
OPEN DAY

[derby.ac.uk/opendays](https://derby.ac.uk/opendays)



# UNIVERSITIES



28th  
April

30th  
April

2026



## Meet the **RUSSELL GROUP**

Afternoon  
Session: 12:00 -  
13:30

Evening  
Session: 16:30 -  
18:00

### **MEET THE RUSSELL GROUP**

This is incredibly informative for students considering applying for Russell Group universities such as Cambridge, Leeds, Manchester, Durham and Kings. The webinars will cover topics such as Personal Statements & Applying, Researching University Options and Considering Health/Clinical Professions.

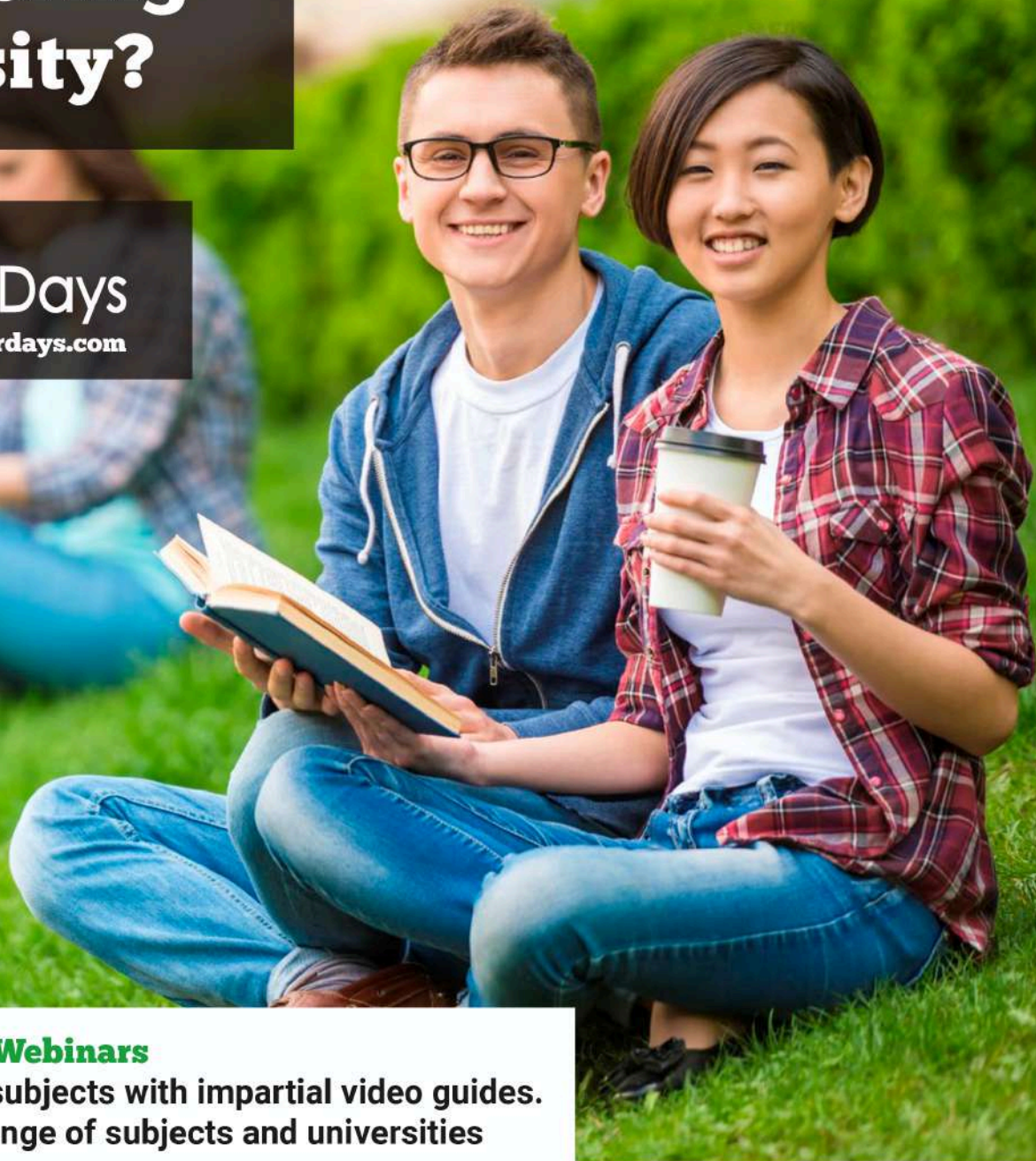
Students can sign up for each webinar via the registration link:

<https://www.ukuniversitysearch.com/fair-signup/russell-group-webinars>



# Considering university?

 UniTasterDays  
www.unitasterdays.com



## **New On Demand Webinars**

Explore university subjects with impartial video guides. Featuring a huge range of subjects and universities

Find university events with UniTasterDays.com, including:

**Taster Days | Residential Events |  
Workshops | Open Days**



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# UNIVERSITY OF SOUTHAMPTON AND THE SUTTON TRUST SUMMER SCHOOL

7-10 JULY 2026



Join us on campus for a **4-day, 3-night programme**, giving you the opportunity to experience the **academic and social side** of university life. You'll be provided with **free accommodation and meals** for the duration of the residential.

You'll get to meet our enthusiastic team of current students studying the courses you are aspiring to, as well as academics, researchers, and alumni. This residential is open to Year 12 or Level 3 (Year 1) students who meet our academic and **Widening Participation eligibility criteria** (see overleaf).

#### **During the 4 day programme, you will:**

- experience student life through clubs and societies, activities, tasters, and tours
- receive information and guidance around the topics of student finance and the cost of living as a student
- have the opportunity to socialise with others and meet like-minded individuals through a variety of social activities
- stay in student halls
- plan a meal on a budget
- tour the city of Southampton with a current student
- experience teaching and research within a subject area
- find out where our graduates ended up after they studied at UoS



## Degree Programmes/ Subject areas on offer for 2026

- Biological Sciences
- Business
- Economics
- Engineering
- Geography
- History and English
- Law
- Physics

# ELIGIBILITY

To be eligible, applicants must;

- **attend, and have always attended, a state-funded, non-fee paying school or college.**
- **be studying in Year 12 in England or Wales, Year 13 in Northern Ireland, or S5 in Scotland.**
- **be taking relevant and required qualifications and subjects for their chosen taster degree subject.**

Applicants must also meet at least one of the following Widening Participation criteria:

- be the first generation of your family to attend university.
- have received free school meals while at secondary school.
- attend a school or college with below average attainment or a low rate of progression to the top third of higher education institutions.
- live in a neighbourhood with a low rate of progression to higher education and/or a high level of socio-economic deprivation.
- be or have been, looked after or in care.



**Apply Now**

[www.southampton.ac.uk/  
schools-colleges/  
experience-summer-event.page](http://www.southampton.ac.uk/schools-colleges/experience-summer-event.page)



**Contact our Residential Coordinator:**

[c.e.bolton@soton.ac.uk](mailto:c.e.bolton@soton.ac.uk)

# APPRENTICESHIPS



## What is an apprenticeship?

An apprenticeship is a paid job where the employee learns and gains valuable experiences. Alongside on-the-job training, apprentices spend at least 20% of their working hours completing classroom-based learning with a college, university or training provider which leads to a nationally recognised qualification.

An apprenticeship includes:

- paid employment with holiday leave
- hands-on-experience in a sector/role of interest
- at least 20% off-the-job training
- formal assessment which leads to a nationally recognised qualification

Please click [here](#) for full listings of Higher and Degree Apprenticeships with more than 2000 listings from over 80 employers, including locations, salary information and direct application links.

For further information and to apply for apprenticeships, please visit the [\*\*National Apprenticeships website\*\*](#).

Don't forget to use [\*\*Unifrog\*\*](#) to explore Apprenticeship opportunities as well!

