

SPOTLIGHT ON...

HAPPY EASTER

HAPPY HALF TERM!

Today is the end of this Spring Term and we're two thirds of the way through the academic year. Enjoy the break!

Reminder



KEY NOTICES AND REMINDERS

EASTER MASTERCLASSES

Y13, a number of teachers are giving up their free time over the holidays to offer some Masterclasses for added support to help prepare for your final assessments.



ENRICHMENT AND EXCEL HOURS

Our enrichment programme and Excel Hours timetable are available now for this term and you can find a full copy of the timetables in this issue.



SCAN IN AND OUT OF THE BUILDING

The new scanning in system is live, don't forget your lanyard so we can scan you in and out when you enter and leave the building. Thank you.



BBC WEEKLY NEWS QUIZ

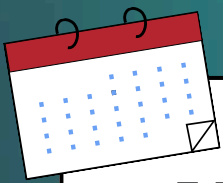


QUIZ



YOUR SIXTH FORM
Scan this QR CODE to
share news or feedback
with our Student Union





13
APR

RETURN TO COLLEGE

15
APR

**A-LEVEL ART/PHOTOGRAPHY
EXTERNAL EXAMS (15/16/17
APRIL)**

24
APR

**Y13 MUSIC PERFORMANCE
SOUND OF TOMORROW**

4
MAY

BANK HOLIDAY

IMPORTANT DATES

*Happy
Birthday!*

Wishing all our students who are celebrating
their birthday over the next few weeks a very
Happy Birthday!





“COWLEY CONVERSATIONS” NUCLEAR ENGINEERING

We were delighted to welcome former student Paul Booth back to Cowley Sixth Form as part of our ongoing Cowley Conversations assembly series. It is always a privilege to invite alumni to share their experiences, and Paul delivered an engaging and insightful talk about his journey from sixth form student to working professional in the highly specialised field of Nuclear Engineering.

After leaving Cowley, Paul navigated his post-18 options by studying to become an accountant before deciding at the age of 26 to switch to engineering, building his qualifications, skills and industry experience step by step.

He spoke openly about the decisions he made along the way, the challenges he encountered, and the importance of resilience and adaptability when progressing through competitive sectors. Students particularly valued his honesty about career pathways not always being linear and how determination and a willingness to learn can open unexpected doors.

Paul now works in Nuclear Engineering at Amentum, contributing to projects within a complex and technically demanding industry. His presentation gave students a real insight into the scale, responsibility and opportunity that exists within STEM careers.

We are extremely grateful to Paul for returning to Cowley to inspire our current students. His story is a powerful reminder that with ambition, focus and hard work, exciting and rewarding career paths are within reach.

LATEST NEWS



STUDENTS OF THE MONTH



Congratulations to March's Students of the Month.

In Y12, Alisha has been nominated for having happily settled in college, working very hard and attending extra study sessions voluntarily to keep up with work. Great job, Alisha!

In Y13, the award goes to Tawananyasha who continues to be an exemplary role model for all students. She is working extremely hard and is ambitious to get onto a degree apprenticeship, prepared to move anywhere in Britain.

She has been a fantastic support to her friends who are not as confident in their English ability and is still volunteering to stay behind after college to support with recruitment events. Fantastic work, well done!

Keep up the great work!

Congratulations!



GERMAN - WEEK B, PERIOD 5, ACHIEVE CENTRE

CHESS AND UNO - EVERY LUNCHTIME IN THE CANTEEN

CLASSICAL CIVILISATION - WEEKLY, C23, 10:35 - 11:15

MON

CHESS AND UNO - EVERY LUNCHTIME IN THE CANTEEN

MUSIC, Y13 BAND - PERIOD 6 IN A02

DANCE COMPANY - PERIOD 6 IN CIH

BUSINESS - PERIOD 6, B02

TUE

ANIMAL CARE - WEEKLY, AFTER COLLEGE IN B02

CHESS AND UNO - EVERY LUNCHTIME IN THE CANTEEN

ANIMAL CARE - WEEKLY AFTER COLLEGE IN B02

MDV UCAT - PERIOD 6, B01

WED

DUNGEONS AND DRAGONS - WEEKLY, AFTER COLLEGE IN THE CANTEEN

LECTURE AND DEBATE CLUB - WEEKLY, AFTER COLLEGE IN THE ACHIEVE CENTRE

THUR

CHESS AND UNO - EVERY LUNCHTIME IN THE CANTEEN

GERMAN - WEEK A, PERIOD 5, ACHIEVE CENTRE

BOOK CLUB - WEEK B, LUNCHTIME IN THE ACHIEVE CENTRE

TEXTILES AND FASHION - WEEKLY, AFTER COLLEGE, CANTEEN

FRI

ENGINEERING AND F1 - WEEK A, B21, AFTER COLLEGE

CHESS AND UNO - EVERY LUNCHTIME IN THE CANTEEN

ANIMAL CARE - WEEKLY, B02, AFTER COLLEGE

ENRICHMENT TIMETABLE

COWLEY

SIXTH FORM COLLEGE

TUE

A LEVEL PSYCHOLOGY

WEEK A, 10:45AM, A12, MISS LEIGH

BTEC MUSIC PERFORMANCE

WEEK A, 2:45PM, A02, MR GERRARD

A LEVEL PHYSICS

WEEK B, 7:30AM, C22, MR HESKETH

BTEC APPLIED SCIENCE

WEEK A, 1:15PM, B20, MISS BERGIN

A LEVEL MATHS

WEEK B, 2:55PM, C11, MR UNSWORTH

A LEVEL BUSINESS

2:45PM, B03, MISS MATHER

WED

GCSE MATHS RESIT

WEEK B, 2:55PM, C11, MR UNSWORTH

A LEVEL MATHS

WEEK A, 2:55PM, C12, MR HOUGHTON

A LEVEL PHYSICS

7:30AM, C22, MR HESKETH

A LEVEL / AS CHEMISTRY

WEEK A, 2:45PM, B01, MR JONES

A LEVEL / AS CHEMISTRY

WEEK B, 2:45PM, B01, MR JONES

MEDICS, DENTISTS, VETS UCAT

2:45PM - 3:30PM, B01

BTEC DIGITAL MEDIA

WEEK A, 2:55PM, B22, MR LILLEY

BTEC DIGITAL MEDIA

WEEK B, 1:45PM, B22, MR LILLEY

A LEVEL LAW

2:45PM, C23, MR MCKEOWN

BTEC APPLIED SCIENCE

WEEK B, 1:15PM, B20, MISS BERGIN

EXCEL HOURS



THU

CRIMINOLOGY

10:45AM, B14, MISS SMART

A-LEVEL PSYCHOLOGY

10:45AM, C23, MR MCKEOWN

A-LEVEL LAW

WEEK A, 2:45PM, C23, MR MCKEOWN

CRIMINOLOGY

2:45PM, B14, MISS SMART

A LEVEL BIOLOGY

2:45PM, B20, MR BROOKS

BTEC PROFESSIONAL MUSICAL THEATRE

2:45PM, COWLEY HALL, MR WATKINS/MISS RADFORD



FRI

CRIMINOLOGY

10:45AM, C23, MR MCKEOWN

A-LEVEL LAW

WEEK B, 2:45PM, C23, MR MCKEOWN

A LEVEL PSYCHOLOGY

WEEK B, 10:45AM, A12, MISS LEIGH



EASTER MASTERCLASSES

MONDAY 30 TH MARCH	TUESDAY 31 ST MARCH	WEDNESDAY 1 ST APRIL	THURSDAY 2 ND APRIL
Y13 PSYCHOLOGY 9-11AM	Y13 CHEMISTRY 10AM-2PM		ART & PHOTOGRAPHY 10AM-2PM
ART & PHOTOGRAPHY 10AM-2PM	Y13 ETHICS, PHILOSOPHY & RELIGION 12-2PM		Y13 PHYSICS 10AM-2PM
Y13 MUSIC PERFORMANCE 10AM-2PM			
Y13 LAW 12-2:30PM			

DEVELOPING LIFE READY LEARNERS

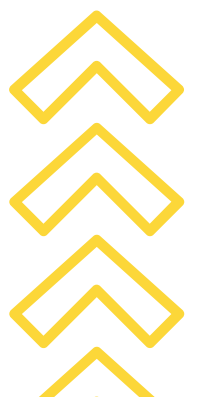
With the important final examinations and assessments fast approaching for Year 13 students, a number of staff have volunteered their time to offer some additional support and revision sessions for students over the Easter holidays.

Please check out the timetable above for details of the sessions available and the times they are running.

All sessions will take place in the college building and are a great opportunity to iron out any issues or concerns you may have and to revise with the expertise of your teachers to help with anything you need assistance with.



MASTERCLASSES



How Can Students Revise Effectively?

by @inner_drive | www.innerdrive.co.uk

TEST YOURSELF

Research has shown that testing yourself helps you remember significantly more than just re-reading information.

Testing yourself can also help reduce the negative effects of stress associated with exams.



USE SPACING

Spread out your learning of material across several days and revisit it.

This helps transfer information to your long-term memory.

STOP PROCRASTINATING

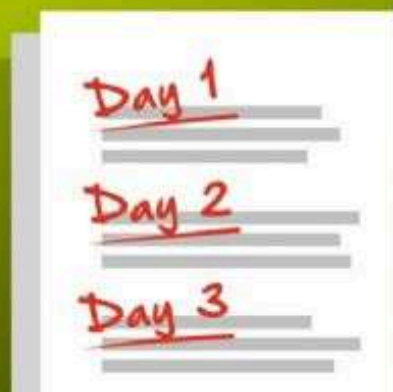
Schedule the revision of harder topics for the morning when you will be most awake.

This stops you using tiredness as an excuse for leaving the harder topics until the next day.



MANAGE YOUR TIME

Break your revision down and give yourself a certain amount of content to learn each day.



CAREERS



Our [Careers website](#) includes [labour market information](#) and a link to [Unifrog](#) amongst many other things. Please take a look.

Want to find a bit more information about industry sectors, the skills required and salary expectations? Please take a look at the Labour Market Information section of the website and the linked presentation with lots of useful information: [Top careers to consider](#).

You are able to request a 30-minute appointment with our independent Careers Advisors at any time during your time at Cowley. Please email cowleycareers@cowleysthelens.org.uk to arrange.

Useful information

[UCAS.com](#) - All the information about universities, how to apply and upcoming events can be found on the UCAS website.

[OpenDays.com](#) - Full listings of all UK university Open Days and events can be found via this link.

www.amazingapprenticeships.com - Explore some of the apprenticeship opportunities that are available.



SIEMENS

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SIEMENS TECHNOLOGY: VIRTUAL WORK EXPERIENCE

Overview

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Open to
anyone
13+

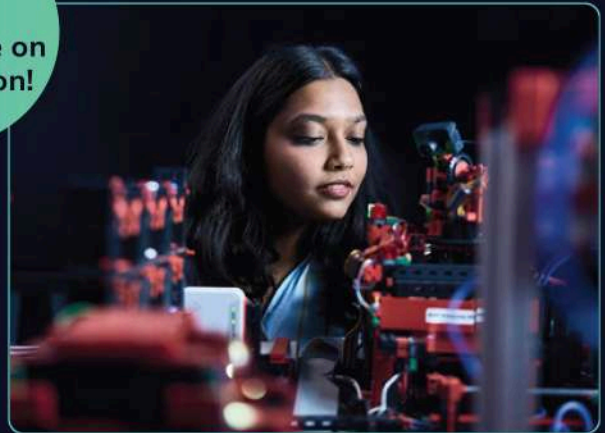


Certificate on
completion!

In this programme

In this programme, you will:

- Meet Siemens experts and explore topics like **digital tech, climate action, smart cities, and teamwork**
- **Discover different jobs** and learn how to start your career with apprenticeships or internships
- Ask Siemens ambassadors questions **anytime** to learn more
- Complete **5 fun modules** (approx. 15 hours) at your own pace
- Take part in **daily activities, challenges, and rewards**
- Finish with the **Siemens Digital Twin Challenge and Flight Lab**



The programme was fantastic and gave a real insight to life at Siemens and within this industry. It has definitely inspired me to look into more opportunities in this field and I hope to interact with Siemens in the future.

Katharina, Year 12 student



University Hospitals
of Liverpool
Group

HEALTHCARE PHYSIOLOGICAL SCIENCES

CAREERS INSIGHT DAY

Aintree University Hospital

Tuesday 7th April
8:45am-3:00pm

UNIVERSITIES



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ABERYSTWYTH
UNIVERSITY

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interest today

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OPEN DAY

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UNIVERSITIES



28th
April

30th
April

2026



Meet the **RUSSELL GROUP**

Afternoon
Session: 12:00 -
13:30

Evening
Session: 16:30 -
18:00

MEET THE RUSSELL GROUP

This is incredibly informative for students considering applying for Russell Group universities such as Cambridge, Leeds, Manchester, Durham and Kings. The webinars will cover topics such as Personal Statements & Applying, Researching University Options and Considering Health/Clinical Professions.

Students can sign up for each webinar via the registration link:

<https://www.ukuniversitysearch.com/fair-signup/russell-group-webinars>



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www.unitasterdays.com



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UNIVERSITY OF SOUTHAMPTON AND THE SUTTON TRUST SUMMER SCHOOL

7-10 JULY 2026



Join us on campus for a **4-day, 3-night programme**, giving you the opportunity to experience the **academic and social side** of university life. You'll be provided with **free accommodation and meals** for the duration of the residential.

You'll get to meet our enthusiastic team of current students studying the courses you are aspiring to, as well as academics, researchers, and alumni. This residential is open to Year 12 or Level 3 (Year 1) students who meet our academic and **Widening Participation eligibility criteria** (see overleaf).

During the 4 day programme, you will:

- experience student life through clubs and societies, activities, tasters, and tours
- receive information and guidance around the topics of student finance and the cost of living as a student
- have the opportunity to socialise with others and meet like-minded individuals through a variety of social activities
- stay in student halls
- plan a meal on a budget
- tour the city of Southampton with a current student
- experience teaching and research within a subject area
- find out where our graduates ended up after they studied at UoS



Degree Programmes/ Subject areas on offer for 2026

- Biological Sciences
- Business
- Economics
- Engineering
- Geography
- History and English
- Law
- Physics

ELIGIBILITY

To be eligible, applicants must;

- **attend, and have always attended, a state-funded, non-fee paying school or college.**
- **be studying in Year 12 in England or Wales, Year 13 in Northern Ireland, or S5 in Scotland.**
- **be taking relevant and required qualifications and subjects for their chosen taster degree subject.**

Applicants must also meet at least one of the following Widening Participation criteria:

- be the first generation of your family to attend university.
- have received free school meals while at secondary school.
- attend a school or college with below average attainment or a low rate of progression to the top third of higher education institutions.
- live in a neighbourhood with a low rate of progression to higher education and/or a high level of socio-economic deprivation.
- be or have been, looked after or in care.



Apply Now

[www.southampton.ac.uk/
schools-colleges/
experience-summer-event.page](http://www.southampton.ac.uk/schools-colleges/experience-summer-event.page)



Contact our Residential Coordinator:
c.e.bolton@soton.ac.uk

APPRENTICESHIPS



What is an apprenticeship?

An apprenticeship is a paid job where the employee learns and gains valuable experiences. Alongside on-the-job training, apprentices spend at least 20% of their working hours completing classroom-based learning with a college, university or training provider which leads to a nationally recognised qualification.

An apprenticeship includes:

- paid employment with holiday leave
- hands-on-experience in a sector/role of interest
- at least 20% off-the-job training
- formal assessment which leads to a nationally recognised qualification

Please click [here](#) for full listings of Higher and Degree Apprenticeships with more than 2000 listings from over 80 employers, including locations, salary information and direct application links.

For further information and to apply for apprenticeships, please visit the [**National Apprenticeships website**](#).

Don't forget to use [**Unifrog**](#) to explore Apprenticeship opportunities as well!





COWLEY
SIXTH FORM COLLEGE



Developing Life Ready Learners



www.cowleysixthform.org.uk

@cowleysixthform