

12th May - 23rd May 2025

SPOTLIGHT ON...

**WELL
DONE**

We are delighted to share positive feedback about two Nurse Cadet students Lily-May and Ellie-Marie. After the February half term, they completed a care home placement through to Easter. We've recently had glowing feedback from the placement provider praising the two students and talking about how polite, kind and very respectful they are.

Very well done Lily-May and Ellie-Marie!

Reminder!

Please ensure you are wearing your lanyard and that it is visible.

KEY NOTICES AND REMINDERS

WORK EXPERIENCE - EMPLOYER PACKS

All Year 12 students need to make sure that their Work Experience Employer Pack has been handed in to Reception by Friday 23rd May.



MOCK WEEK

The Y12 Mock Examination week takes place from 16th June - this is only 6 weeks away! Revision, Supervised Study and getting prepared should be a priority!



DRESS CODE

As this lovely warm weather continues, please ensure that clothing worn is purposeful for the college learning environment.



BBC Weekly News Quiz

QUIZ



YOUR SIXTH FORM
Scan this QR CODE to
share news with our
Student Union



16
MAY

EMPLOYER IN THE FOYER

23
MAY

SUMMER TERM BREAK UP

16
JUN

MOCK EXAM WEEK

23
JUN

PROGRESSION WEEK

26/27/30
JUN

WORK EXPERIENCE

30
JUN

**NEW STUDENT WELCOME
DAY**

4
JUL

LEAVERS' CELEBRATION

IMPORTANT DATES



Excel Hours

Mondays - 1:30-2:00pm

Y13 Business (B14)

Y13 Psychology (C23)

Mandarin Writing (B01)

Mondays - 3:05-4:05pm

Maths A-Level revision (C11)

Tuesdays - 1:30-2:00pm

Y13 Law (C23)

Tuesdays - 3:05-4:05pm

Y13 Psychology & Sociology (A12)

Wednesdays - 10:55-11:15am

Animal Management (B01)

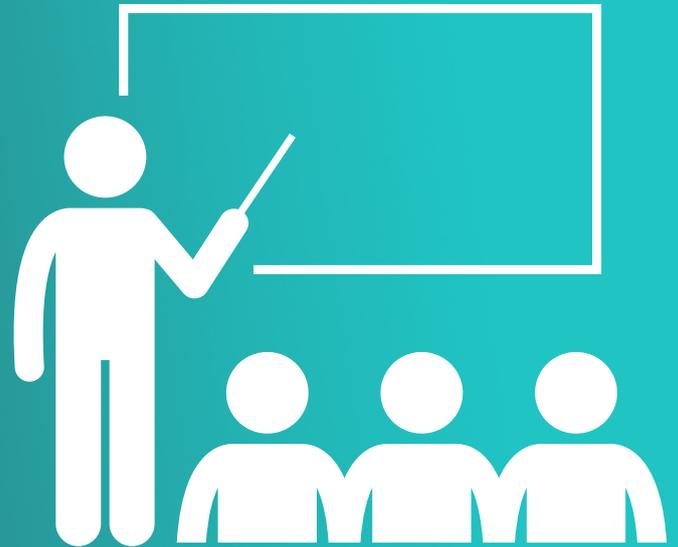
Wednesdays - 1:30-2:00pm

Animal Management (B01)

Y13 Criminology (C23)

Wednesdays - 3:05-4:05pm

Y13 PE (C13)



Thursdays - 1:30-2:00pm

Y13 Criminology (B14)

Y13 Psychology & Sociology (A12)

Fridays - 10:55-11:15am

Animal Management (B01)

Fridays - 1:30-2:00pm

Animal Management (B01)

Fridays - 3:05-4:05pm

English Language A-Level NEA support (M9)

YOUR FUTURE. YOUR SIXTH FORM.

Y13 MAY MASTERCLASSES

TUES
27
MAY

9.30 - 1.30 ENGLISH LANGUAGE
9.30 - 12.30 CRIMINOLOGY
9.00 - 1.00 CHEMISTRY (PAPER 1)

WED
28
MAY

10.00 - 2.00 ETHICS AND PHILOSOPHY
9.30 - 12.30 BUSINESS
10.00 - 12.00 BIOLOGY

THUR
29
MAY

9.00 - 1.00 CHEMISTRY

FRI
30
MAY

9.00 - 12.00 LAW
1.00 - 3.00 PSYCHOLOGY

News

THE LATEST STORIES FROM
OUR COLLEGE COMMUNITY



YEAR 13 STUDENT SHINES AT ST HELENS YOUTH COUNCIL MEETING

On 2nd May, Year 13 student Riley, who is currently studying Science, History, and Musical Theatre at Cowley Sixth Form, took part in a lively discussion with local Cabinet Members as part of the St Helens Youth Council. The meeting, held in the Council Chamber, provided an exciting platform for young voices to share ideas, ask questions, and have a direct impact on shaping the future of the borough.

Riley, alongside her fellow Youth Council members, actively engaged in the conversation, bringing fresh perspectives and energy to the table. Her involvement is a proud moment for Cowley Sixth Form, as students like Riley continue to make a meaningful contribution to our local community.



STUDENTS OF THE MONTH

Congratulations to Year 12 student, Matthew, and Year 13 student, Shannon, who were awarded Students of the Month for April.



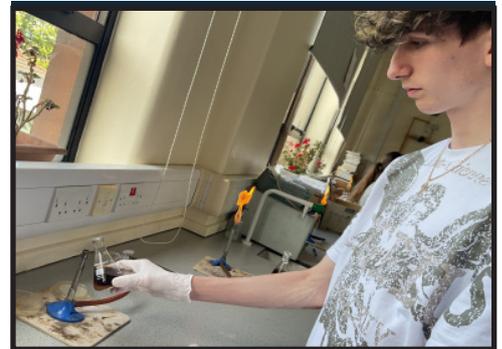
We have three very special birthdays coming up - please join us in wishing a very happy 18th birthday to Lewis, Aaron, and Grace!





Course Spotlight on

Biology



In an exciting hands-on practical session, Year 12 Biology students rolled up their sleeves and dived into the fascinating world of microbiology! Under the expert guidance of Mr Brooks, Head of Science, the students embarked on a practical investigation into the effect of antimicrobial substances on microbial growth.

As one of the most popular courses at the Sixth Form, A-Level Biology continues to captivate students eager to explore the wonders of science. This practical gave them a unique opportunity to put their textbook knowledge to the test while learning and applying aseptic techniques to safely grow and measure microbial cultures.

As part of the practical, the students learned the importance of aseptic techniques, such as sterilising equipment and working in a controlled environment, ensuring accurate results. These methods not only proved essential for this experiment but also mirrored real-world laboratory practices and health care protocols.

The practical sparked a lively discussion about the role of antimicrobial agents in medicine, from antibiotics to natural compounds, and their crucial role in public health. With microbial resistance becoming an increasingly urgent issue, the practical provided relevant experience for the students, giving them an understanding of the challenges scientists and health care professionals face.

Exam information

EXTERNAL EXAM STARTS: NON-CONCESSION STUDENTS

- **9am** start
 - Register with Nicky/Karen in the Canteen between **8:15** and **8:30am**.
- **1pm** start
 - Take lunch from **12:00pm**.
 - Register with Nicky in the Canteen at **12:30pm**.
- **1:30pm** start
 - Take lunch from **12:30pm**.
 - Register with Nicky in the Canteen at **1pm**.



EXTERNAL EXAM STARTS: CONCESSION STUDENTS

- **9am** start
 - Register with Jo/Flor in the Staffroom between **8:15** and **8:30am**.
- **1pm** start
 - Take lunch from **12:00pm**.
 - Register with Jo in the Staffroom by **12:30pm**.
- **1:30pm** start
 - Take lunch from **12.30pm**.
 - Register with Jo in the Staffroom by **1pm**.



Exam information

STUDY LEAVE FOR EXTERNAL EXAMS

- **If you have an exam in the afternoon you can**
 - Attend normal lessons if you do not want to miss work – remember lunch/registration times.
 - Take study leave and work from home.
 - Take study leave and work in college.
- See staff for any missed work due to study leave or exams.
- **Study Area**
 - Alternative rooms will be displayed in Reception each day.

EXAM PROTOCOLS

No wearing of hoods and hats.	Bring all relevant equipment.
No writing on hands.	Clear pencil case.
No watches or phones.	Black pens only.
No labels on bottles.	No calculator covers.
Know seat number and candidate number.	Use full legal name.
Put lanyards out on desk.	Toilets used for emergencies only.

Exam timetable

Monday 12 May

AS Biology

Start 9:00am

End 11:30am

AS Level Further Maths

Start 1:00pm

End 2:15pm

BTEC Health & Social

1:00pm

2:30pm

AS Psychology

2:50pm

4:20pm

Tuesday 13 May

A-Level Geography

Start 9:00am

End 11:30am

BTEC Engineering

9:00am

11:00am

Wednesday 14 May

A-Level Business

Start 9:00am

End 11:00am

Core Maths

9:00am

10:30am

BTEC Engineering

9:00am

12:00pm

A Level English Literature

Start 1:00pm

End 3:00pm

Thursday 15 May

GCSE Maths (F)

Start 9:00am

End 10:30am

GCSE Maths (H)

9:00am

10:30am

BTEC Travel and Tourism

9:00am

10:30am

BTEC Engineering

9:00am

12:00am

Applied Diploma Criminology

Start 1:00pm

End 2:30pm

Friday 16 May

A-Level Psychology

Start 9:00am

End 11:00am

BTEC Health and Social Care

Start 1:00pm

End 2:30pm



Monday 19 May

A-Level Sociology	BTEC Health and Social Care
Start 9:00am	9:00am
End 11:00am	12:00am

Tuesday 20 May

A Level Business	BTEC Applied Science
Start 9:00am	9:00am
End 11:00am	9:40am

AS Level Further Maths	A Level Politics	A Level Mandarin	BTEC Applied Science
Start 1:00pm	1:00pm	1:00pm	1:30pm
End 2:15pm	3:00pm	3:30pm	2:10pm

Wednesday 21 May

A-Level Psychology	BTEC Uniform Protective Services
Length 2 hours	2 hours
Start 9:00am	9:00am
End 11:00am	11:00am

A-Level English Language	BTEC Applied Science
Length 2 hours	40 minutes
Start 1:00pm	1:30pm
End 3:00pm	2:10pm

Thursday 22 May

Core Maths	A-Level English Lit	A-Level Polish	AS Level Biology
Start 9:00am	9:00am	9:00am	9:00am
End 10:30am	11:00am	11:00am	11:00am

BTEC Engineering	BTEC Childrens play, learning and development
Start 9:00am	9:00am
End 11:00am	11:00am

A-Level Geography	A Level Law
Start 1:00pm	1:00pm
End 3:30pm	3:00pm

Friday 23 May

A-Level History	A-Level Physics	A-Level PE	GCSE English AQA
Start 9:00am	9:00am	9:00am	9:00am
End 11:30 am	11:00am	11:00am	10:45am

BTEC Health and Social	BTEC Computing
Start 1:00pm	1:00pm
End 2:30pm	2:45pm



and....**relax**

As exam time approaches, it's easy to feel overwhelmed — but taking time to rest and recharge is just as important as revision. Here are a few things around college (and beyond) that can help you unwind and reset:

GET LOST IN A BOOK

We've stocked the reading bookcase near the Art room with some fresh titles to help you take a well-earned break. Among them are a few gripping reads by T.M. Logan, a bestselling British author known for psychological thrillers that will keep you turning the pages.

Logan's books are fast-paced and full of twists — perfect for when you need to step away from notes and flashcards. His characters often face intense moral dilemmas, making you question what you would do in their place. They're thrilling, emotionally engaging, and perfect for clearing your head after a study session.

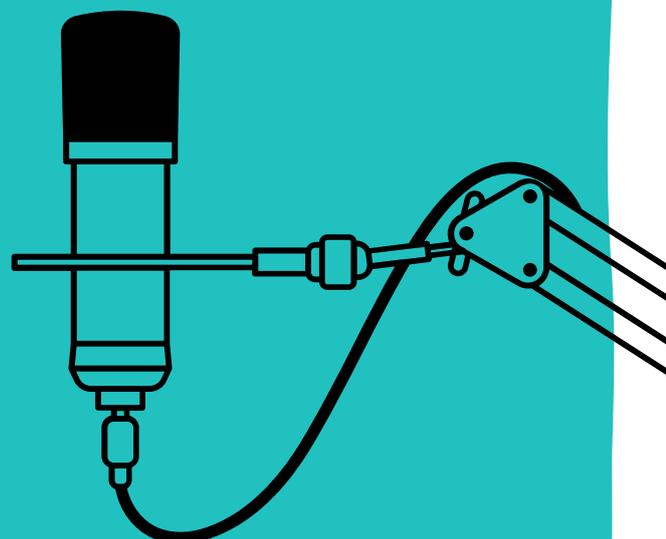
So if you're looking for a way to relax while still keeping your brain engaged, stop by the bookcase and pick up a copy!



PODCASTS TO HELP WITH STRESS

Sometimes, all it takes is a few calming voices and some solid advice to help ease the pressure. Check out these podcasts for tips and reassurance:

- Exam Stress – Offers short, practical guidance to manage the pressure.
- How to Beat Exam Stress – Tools and techniques to stay focused and positive.
- Owing It: The Anxiety Podcast – Honest conversations about anxiety and how to navigate it.





FREE TASTER DRIVING LESSON!

Drive to success with our free
taster driving lessons for students.





YEAR 13 LEAVERS'

FRIDAY

4TH

JULY

RUSKIN DRIVE

DETAILS ON HOW TO PURCHASE TICKETS AND WHAT'S INCLUDED
TO FOLLOW SHORTLY

**ARE YOU IN YEAR 9, 10, 11 OR 12 AND INTERESTED
IN DESIGN, ARCHITECTURE AND PLACES?**

JOIN PLACED ACADEMY!

WHEN: JULY 2025 – MARCH 2026

JULY 2025

4 DAY SUMMER SCHOOL:

Monday 28th -
Thursday 31st July

SEPTEMBER - MARCH

**MONTHLY CREATIVE
DESIGN DAYS:**

One Saturday a month

**MONTHLY SKILLS
WORKSHOPS:**

One evening a month

JULY 2026

GRADUATION!

PLACED
ACADEMY



**FILL IN
ONLINE FORM AT:**
[https://bit.ly/4c4
hg09](https://bit.ly/4c4hg09)

APPLICATIONS CLOSE SUNDAY 15TH JUNE

PLACED Academy is an award-winning, free-to-access programme that welcomes people of all abilities and backgrounds. Supported & funded by companies from across the built environment sector.
Support for travel costs available.



FILM PRODUCTION & BROADCAST BENG

- ENGINEERING KNOWLEDGE IN VISION AND SOUND
- COMPUTERS AND CODING
- TV PRODUCTION
- FILM MAKING



- Ranked #1* for Cinematography in the UK
- Engineering Council / IET accredited degree
- Maths to A level standard required
- Optional paid professional placement
- Full employment in industry or further study for 100% of recent graduates.

*Guardian University Guide 2024



Scan to find out more:



APPRENTICESHIPS



Apprenticeships

What is an apprenticeship?

An apprenticeship is a paid job where the employee learns and gains valuable experiences.

Alongside on-the-job training, apprentices spend at least 20% of their working hours completing classroom-based learning with a college, university or training provider which leads to a nationally recognised qualification.

An apprenticeship includes:

- paid employment with holiday leave
- hands-on-experience in a sector/role of interest
- at least 20% off-the-job training
- formal assessment which leads to a nationally recognised qualification

Please [click here](#) for full listings of Higher and Degree Apprenticeships with more than 2000 listings from over 80 employers, including locations, salary information and direct application links.

For further information and to apply for apprenticeships, please visit the [National Apprenticeships website](#).

[Click here](#) for the 2024-2025 Top 100 Apprenticeship Employers.

Don't forget to use [Unifrog](#) to explore Apprenticeship opportunities as well!



CAREERS



Careers

Our [Careers website](#) includes a [calendar of upcoming events](#), [labour market information](#) and a link to [Unifrog](#) amongst many other things. Please take a look.

Want to find a bit more information about industry sectors, the skills required and salary expectations? Please take a look at the Labour Market Information section of the website and the linked presentation with lots of useful information: [Top careers to consider.](#)

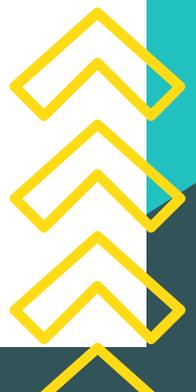
You are able to request a 30-minute appointment with our independent Careers Advisors at any time during your time at Cowley. Please email careers.info@cowleysthelens.org.uk to arrange.

Employer In The Foyer

Friday 16th May 2025 – 12:15-2:00pm



Vinci Building will be our final Employer In The Foyer for this academic year. Their representative will be on hand in the main reception area of College to answer any questions about careers in construction and engineering, work experience opportunities and for you to learn a bit more about their organisation. We encourage you to go and find them and speak to them on this date.



unifrog



Useful information

[UCAS Discovery Day](#), Liverpool, Tuesday 17th June

[UCAS.com](#) - All the information about universities, how to apply and upcoming events can be found on the UCAS website.

[OpenDays.com](#) - Full listings of all UK university Open Days and events can be found via this link.



WORK EXPERIENCE



Business, Accounting & Finance Work Experience with Grant Thornton

Will you be in Year 12 or Year 13 from September 2025?

If so, and you're interested in Business, Finance, or Professional Services, we have an incredible opportunity for you to get ahead this summer.

Grant Thornton's Ignite Work Experience programme is now open for applications – and this could be your first step towards a full-time apprenticeship offer.

About the Programme

Ignite is a one-week, in-person work experience programme designed to give students valuable, hands-on insight into the world of professional services. You'll gain real-world experience, network with professionals, and discover what a career at Grant Thornton could look like.

Standout students on the Ignite programme may even be offered a place on the Grant Thornton apprenticeship scheme before applications officially open.

Programme Dates:

England: 26–29 August 2025

Scotland (Glasgow): 11–14 August 2025

Locations:

Birmingham, Manchester, Liverpool, London, Leeds, Gatwick, Glasgow, Oxford, Cambridge, Reading, Bristol, Milton Keynes

Who Can Apply?

Students who will be in Year 12 or Year 13 in September 2025 and are interested in exploring a career in accounting, finance, or business after school.

Why Apply?

Get Ahead Early: Potential to secure your apprenticeship before finishing your studies.

Hands-On Experience: Work on real tasks and explore life in a professional services firm.

Make Connections: Meet experienced professionals and start building your network.

Boost Your CV: Stand out when applying for future opportunities in the sector.

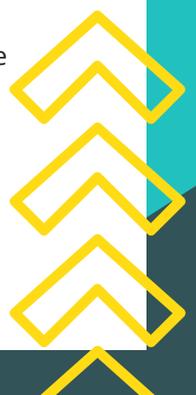
Apply Now

Applications are now open and places are filling fast!

Don't miss this fantastic opportunity to gain invaluable work experience this summer with one of the UK's leading professional services firms.

Find out more and apply here:

<https://www.grantthornton.co.uk/careers/early-careers-job-search/>



VIRTUAL OPPORTUNITY



Finance & Wealth Management Work Experience with St James's Place

A Virtual Opportunity - Thursday, 29th May

Are you interested in learning more about careers in wealth management and financial services?

This is the opportunity you've been waiting for! Join St. James's Place, a FTSE 100 company, for an exclusive full-day virtual work experience — the most prestigious finance careers event of the year!

Event Details:

Date: Thursday, 29th May

Time: 10:00am – 3:00pm

Location: Virtual (link provided upon registration)

Who Can Attend? Both school and university students

Gain Unrivalled Insight into Wealth Management:

St. James's Place is one of the UK's largest advice-led wealth management firms, managing over £190 billion in client assets. With more than twenty offices across the UK, they offer outstanding graduate, apprenticeship, and internship opportunities for future talent.

Why Attend?

Prestigious Experience: Add a full-day virtual programme with a FTSE 100 company to your CV and future job applications – and receive a certificate of attendance to showcase your achievement.

Learn from the Best: Gain valuable advice from a range of industry leaders and top financial professionals.

Stand Out to Employers: Develop insights and skills that will set you apart when applying for apprenticeships, internships, or graduate roles.

Explore Career Opportunities: Hear about exciting routes into St. James's Place through their highly regarded programmes.

During this transformative experience, you'll uncover how leading financial advisers shape the financial futures of their clients, step into the world of high-level investment management and strategic financial planning, and gain powerful insights from industry experts on how to build a standout career in the world of finance and wealth management.

This is the must-attend finance and investment work experience event of the year.

Register here: <https://www.surveymonkey.com/r/StJamesPlace-Virtual>

